

# Get Active Stay Healthy

Free to use exercise equipment located in Ealing's public parks and open spaces

## Outdoor Gym Locations

No.	Park	Stations
1	Acton Park	Multi
2	Blondin Park	5
3	Churchfields	2
4	Cuckoo Park	6
5	Dean Gardens	4
6	Drayton Green	5
7	Ealing Central Sports Ground	3
8	Elthorne Park	4
9	Gurnell Grove	6
10	Hanger Hill	4
11	Jubilee Park	8
12	King George's Field/Poor's Piece	3
13	Lammas Park	6
14	North Acton Playing Fields	6
15	Northolt Park	7
16	Pitshanger Park	9
17	Radcliffe Way	5
18	Ravenor Park	6
19	Southall Park	12
20	Southall Recreation Ground	7
21	Spikesbridge Park	4
22	The Green, Acton	2
23	Wesley Playing Fields	3

Distance Marker Routes in Ealing



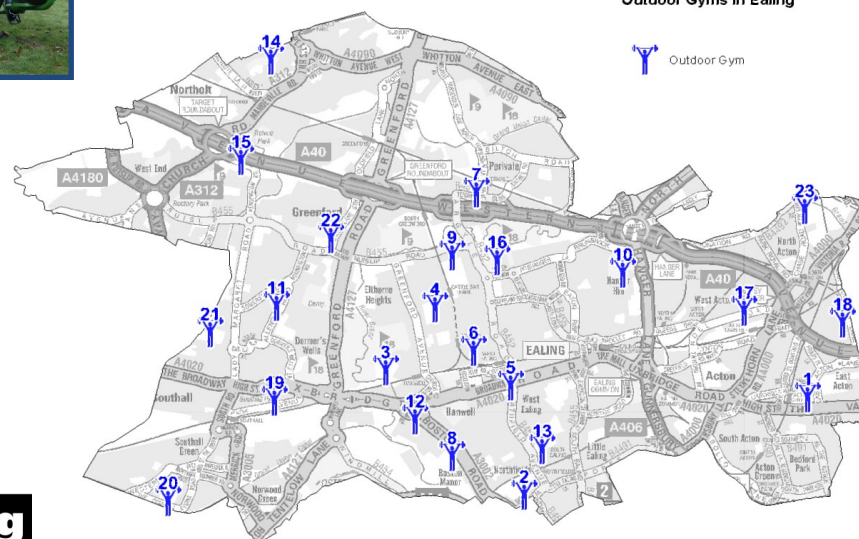
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## Distance Marker Routes

No.	Park	Distance
1	Blondin Park	1000m
2	Lammas Park	1600m
3	North Acton Playing Fields	1200m
4	Perivale Park	1200m
5	Pitshanger Park	1300m
6	Ravenor Park	1200m
7	Southall Park	1000m
8	Southall Recreation Ground	1000m
9	Spikesbridge Park	900m

Outdoor Gyms in Ealing



 Outdoor Gym



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