

# April 2026

## South Acton Children's Centre

Castle Close, Acton, W3 8RX - Tel 020 8992 0724



Email the Centre Practitioner:  
[sallycarlton@southactoncc.com](mailto:sallycarlton@southactoncc.com)

E-mail the admin team:  
[admin@southactoncc.com](mailto:admin@southactoncc.com)



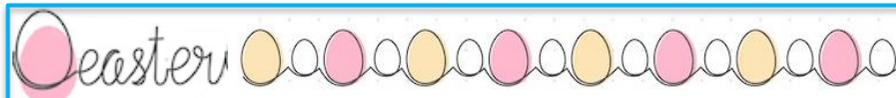
Visit our Website:  
<http://www.southactoncc.com>

Find us on Facebook:  
<http://www.facebook.com/southactonchildrenscentre>



The Family Information Website is here:  
[www.ealingfamiliesdirectory.org.uk](http://www.ealingfamiliesdirectory.org.uk)

Find out about The Local Offer here:  
[www.ealinglocaloffer.org.uk](http://www.ealinglocaloffer.org.uk)



### Timetable changes this month



Music and Movement  
Only 16<sup>th</sup> April



Friday 3<sup>rd</sup> April - Friday 10<sup>th</sup> April  
No sessions

Whole centre closed



**HOUSING ADVICE DROP-IN, WEDNESDAY 1ST APRIL**  
Pop along to Stay and Play from 9.30-11am on Wednesday 1<sup>st</sup> April for free housing advice during the Stay and Play session from one of our Housing Advisors.

### Centre Growing Project!!



Come and join our new centre growing project!

Our first session is Monday 13th April from 1pm-2pm. You and your child will sow some vegetable seeds, learn

about growing and how to take care of your plants with Sally and our Centre Gardener, Ruth! Some of the plants will stay in our beds at SACC, and some will go home with you for you to look after and watch them grow.

Later in the year we will have a session on harvesting and seed saving. So



you can eat your produce and keep the seeds to repeat the cycle next year! This is a booking session, so please email Sally to join

[sallycarlton@southactoncc.com](mailto:sallycarlton@southactoncc.com)



# Timetable 1<sup>st</sup> - 30<sup>th</sup> April

## Monday

**Bumps To Babies**  
SACC  
10-11.30am  
Drop-in  
Pre-birth - cruising (pulling themselves up and walking around furniture)  
With Infant Feeding support  
**Not 6<sup>th</sup> April**

**Child Health Clinic**  
CLCH  
9.30-11.15am  
Drop in  
**Last entry 11.00am**  
**Not 6<sup>th</sup> April**

**ESOL**  
SACC  
1-3pm  
Please note there is no crèche available

**SACC Gardening Club**  
SACC  
**13<sup>th</sup> April**  
1-2pm

## Tuesday

**Talk and Play**  
SACC  
9.45-10.45am  
Pre-booked only.  
5-week course  
To go on the waiting list, please email [sallycarlton@southactoncc.com](mailto:sallycarlton@southactoncc.com)

**Perinatal Health**  
WLHT  
9am-1pm  
By appointment only

**Baby Massage**  
SACC  
5-week course, pre-booked only.  
12.45-2.45pm  
To book now for the next 5-week course, please email [sallycarlton@southactoncc.com](mailto:sallycarlton@southactoncc.com)

## Wednesday

**Stay and Play**  
SACC  
9.30-11am  
Drop-in  
Pre-birth - 5 years  
With Infant Feeding Support  
\*\*There will be water play at this session, so you may wish to bring a change of clothes\*\*  
**Not 8<sup>th</sup> April**

**Development Checks**  
CLCH  
9am-midday  
By appointment only

**Makaton Sign Time**  
SACC  
1.30-2.30pm  
5-week course  
To book now for the next 5-week course, please email [sallycarlton@southactoncc.com](mailto:sallycarlton@southactoncc.com)

## Thursday

**Music and Movement**  
SACC  
9.30-10.30am  
Babies - 5 years  
\*\*For health and safety reasons, we can only have a limited number of people in this session. Therefore, entry to this session is on a first come, first served basis\*\*  
**Only 16<sup>th</sup> April**

**Perinatal Health**  
CLCH  
All day  
By appointment only

You can access the Duty Health Visitor to discuss concerns or seek reassurance via the Duty Health Visitor/Admin Hub on 0208 102 5888 or email [clcht.ealingadminhub@nhs.net](mailto:clcht.ealingadminhub@nhs.net)

## Friday

**Stay and Play**  
SACC  
9.30-11am  
Drop-in  
Pre-birth - 5 years  
With Infant Feeding Support  
\*\*There will be water play at this session, so you may wish to bring a change of clothes\*\*  
**No session 3<sup>rd</sup> or 10<sup>th</sup> April**

**Development Checks**  
CLCH  
9am-4pm  
**By appointment only**  
**Not 3<sup>rd</sup> April**

## Centre Information

Where to find out more information about our centre:

<https://www.ealingfamiliesdirectory.org.uk/kb5/ealing/directory/service.page?id=85IngfQe63E>

[www.facebook.com/southactoncc](http://www.facebook.com/southactoncc)

[www.southactoncc.com](http://www.southactoncc.com)

South Acton Children's Centre  
Castle Close,  
Acton W3 8RX  
02089920724

Please note, no parking is available at the children's centre, and parking locally is mostly permit holders only.

The bus routes 207, SL8, 70, 266, 440, E3, 427 stop locally, the tube station Acton Town is the closest, and the Overground station South Acton is close.



**Ealing Local Offer**  
For 0-25 year olds with special educational needs or a disability  
[www.ealinglocaloffer.org.uk](http://www.ealinglocaloffer.org.uk)  
Contact us on 020 8825 5588 or email [children@ealing.gov.uk](mailto:children@ealing.gov.uk)

# Timetable 1<sup>st</sup> - 30<sup>th</sup> April



## Ealing Local Offer

For 0-25 year olds with special educational needs or a disability

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### Infant Feeding Support

A practitioner will support you with feeding your baby, no matter how your baby is fed.

### Bumps to Babies (Pre-birth - cruising)

All parents and carers are welcome with babies until they are cruising. Expectant parents are also very welcome. At Bumps to Babies, parents meet each other in a relaxed and supportive environment where friendships can be made. Friendly qualified staff happily offer support with questions or concerns about your baby's development and an Infant Feeding Supporter can help with feeding concerns no matter how you choose to feed your baby. We support each other, sing, play with toys and have fun!

### SACC Growing Project

You and your child will sow some vegetable seeds, learn about growing and how to take care of your plants with Sally and our Centre Gardener! Some plants will stay in our beds at SACC, and some will go home with you for you to look after and watch them grow. Later in the year we'll have a session on harvesting and seed saving, so you can eat your produce and keep the seeds to repeat the cycle next year! To book please email Sally [sallycarlton@southactoncc.com](mailto:sallycarlton@southactoncc.com)

### CLCH, WLHT & SACC

All sessions on the timetable that have CLCH underneath them are run by the Central London Community Healthcare Team, Session that have WLTH are run by the West London Healthcare Team and all sessions that have SACC underneath their titles are run by South Acton Children's Centre.

### Makaton Sign Time (Babies - 5 years)

A 5-week course for parents/carers & their babies or children. Open to all babies & children. Everyone is welcome! Learn approximately 100 signs and symbols. Games, songs, activities & play! **Session time 1.30-2.30pm**

### Baby Massage

A hands-on 5-week course, designed to enhance bonding with your baby. Each session is 2 hours long and we learn new strokes each week. We repeat those strokes and build upon them until we can offer baby a full body massage by week 5. You will have the opportunity to learn a massage routine to ease colic, as well as the opportunity to talk about shared experiences with like-minded parents. Suitable for babies from newborn to pre-crawlers. Come and meet new mums and dads, share your hints and tips...and realise you're not alone.

### Stay and Play (Birth - 5)

Families with children under five are welcome to explore at Stay and Play! We provide a wide selection of art materials, puzzles, educational games, sensory activities, role-play and physical toys so that children can learn through their play. In our outside area we have cars, bikes, a sandpit, a climbing wall and lots more! Every activity is thoughtfully planned following the children's interests in order to give all children a wide range of learning opportunities, a chance to develop social skills and make new friends. At the end of each session we sing and use Makaton. An excellent group to meet other parents, as well as to discuss any worries or questions with the Centre Practitioner.

### Music and Movement (Babies-5 years)

A fun, active, interactive and structured session for families to get involved together with singing, dancing, action rhymes and using instruments, as well as soft play activities. The session is carefully planned to help you support your children's co-ordination, concentration, communication and social skills, support their musical development and of course for their enjoyment! This session does not run during school holidays and is on a first-come, first served basis due to health and safety reasons.

### Talk and Play

"Talk and Play" is a play-based group for children aged 1-4 years run by Early Years Practitioners in Ealing, supported by Speech and Language Therapists. It provides families with strategies to support their child's talking and communication. Your child does not need a referral to the Speech and Language Therapy Service to attend this group. Please email Sally [sallycarlton@southactoncc.com](mailto:sallycarlton@southactoncc.com) to book a place on the Talk and Play 5 week group running at South Acton Children's Centre. Sessions run for 5 x weeks. **Please attend all 5 sessions.**

### ESOL - English Classes

English for Speakers of Other Languages  
A beginners course for adults who want to learn English. The course will help you learn every day English such as words you need in the shops or talking to friends. Please note we do not have a crèche. Please contact the admin team for more information on 02089920724.