



SCAN ME

John Perryn Children's Centre News



John Perryn Children's Centre

Long Drive
London W3 7PD

Tel 020 8222 6399

E-mail: johnperryncc@ealing.gov.uk

www.ealingfamiliesdirectory.org.uk

School Street:

Under the Ealing School Streets Scheme, vehicles, unless exempt, may not be driven near the school/ children's centre on Long Drive or Carlisle Avenue from 8:15 to 9am and 2:45 to 3:45pm Monday to Friday, term-time only

Highlights April 2026

Important Dates:

3rd & 10th April: No Story & Singing at Acton Library

14th April: No Stay & Play

15th April: Introduction to Solids

23rd April: CC Staff training Day, no Stay & Play

Talk and Play

Do you have concerns about your child's communication and talking? Book on to 5 sessions of Talk and Play, Wednesdays 10am – 11am. Email us at johnperryncc@ealing.gov.uk

ParentGym

An evidence-based parenting programme helping parents raise happy confident children.

The programme is made up of six 2-hour sessions, with 'missions' to complete between sessions.

All sessions are interactive and participative.

If you have a child between 2-11 years old book your place now on our Taster session, 22nd April.

Please contact Nicole, vandegrn@ealing.gov.uk

Timetable – April 2026

Monday

Infant Massage

10:30am – 12pm
Pre-booked only.

Bumps to Babies

1:00-2:00pm
Pre-birth to pre-walkers.

Infant Feeding Support Drop-In Group

1:00-2:00pm
For parents with babies from birth. This is run by CLCH/Health Visitors Team.



QCCH Midwife Antenatal

All day
Appointments only

Tuesday

Stay and Play

10:00-11:30am
For families with children aged 0-5 years old.
We recommend you bring a change of clothes as we may have water play set-up and it can get messy



QCCH Midwife Antenatal

All day
Appointments only



Wednesday

Learn Ealing ESOL

9:00-11:00am
Pre-booked only



Talk & Play

10:00 – 11:00am
5-weeks course
Pre-booked only

ParentGym

1:00-2:00 pm
6-weeks programme
Pre-booked only

Introduction to Solids

15th April
11:30am-12:30pm
Run by CLCH

QCCH Midwife Antenatal

All day
Appointments only

Thursday

Stay and Play

10:00-11:30 am
For families with children aged 0-5 years old.
We recommend you bring a change of clothes as we may have water play set-up and it can get messy.



CLCH Development Checks

9:00am-3:00pm
Appointments only

QCCH Midwife Antenatal

All day
Appointments only

Friday

Story & Singing at Acton Library

Term-time only
10:30 -11:15am
For ages 18 months-5 years old
11:30am-12:15pm
For ages Newborn – 18 months

QCCH Midwife Postnatal

All day
Appointments only

Infant Feeding Support

9am-3:00pm
For babies up to 28 days old.
Please book by contacting QCCH Midwife office 020 3313 3522

CLCH Transfer-in Clinic

3rd & 17th April
9:30am-1:30pm
Appointments only

Information

Health Clinic information

If you have any concerns and would like to talk to a Health Visitor, please ring the Admin Hub on **020 8102 5888** or email: **clcht.ealingadminhub@nhs.net**

Healthy Start Vitamins

We have Healthy Start Vitamins at our centre. Please ensure that you bring a voucher or the NHS Health Card with you when you collect the vitamins. We advise you to call prior to collection to ensure we have the required vitamins available

Our activities

Story & Singing **at Acton Library** **Term-time only** **(0-5 years)**

A fun session where there is time for parents to read a story with their child, we read a story together and we sing songs whilst making music.

A great opportunity to sign-up with Ealing libraries whilst you are there!

Stay & Play

A wide selection of art materials, puzzles and educational games, sensory activities, role play and physical toys are provided so that children can learn and play. All the activities are planned to give children a wide range of learning opportunities and a chance to develop social skills and make new friends. An excellent group to meet other parents, as well as to discuss any questions with the centre practitioner.

We recommend to bring a change of clothes as it can get wet and messy

Talk & Play

Talk & Play is a five weeks course for children under the age of 5 and their parents/ carers. The group provides strategies to support your child's language and communication development.

Places must be booked in advance

IAIM

Infant Massage

Suitable for babies from newborn to 12 months. We offer a safe, relaxing and friendly environment for you to experience quality time connecting with your baby through nurturing touch. Our classes show you how to massage your baby and learn the many benefits of massage for both you and your child.

Bumps to Babies

All expecting parents and parents/ carers with babies from newborn up until early walkers are welcome. This session enables new parents to meet each other in a relaxed and supportive environment where friendships can be made. We can offer support/ advise with any questions or concerns about baby's development and on infant feeding.

We sing, play and have lots of fun.

Baby Feeding Support Drop-in

Warm and welcoming weekly sessions with other local parents. Come along with your little one (partners are welcome too), chat to other parents about how feeding is going, share stories and get advice and support from our Infant Feeding Practitioners. For more information phone 020 81025888. clcht.ealingbreastfeedingsupport@nhs.net

Midwives QCCH

Antenatal & Postnatal clinics managed by Queen Charlotte's & Chelsea Hospital; we are working in partnership to ensure the community receive an excellent antenatal/postnatal experience.
Infant Feeding Support on Fridays:
Please contact QCCH Midwife office to book an appointment.
020 3313 3522

Introduction to Solids

A parent & baby group for advice and support with introduction to solid foods. Suitable for babies 22-26 weeks. There is no need to book for this session but please arrive by 11.30am.

For more information email
clcht.ealingadminhub@nhs.net



6 weeks of free parenting workshops.

Learn lots of tips on keeping your family happy!

Talk to Nicole to find out more:

johnperryncc@ealing.gov.uk