



Horsenden Children's Centre 9am – 4.00pm.

Horsenden Lane North
Greenford, UB6 0PB Tel: 020 8422 3854 or Email:
horsendenc@ealing.gov.uk
www.facebook.com/EalingChildrenCentres

Healthy Start Vitamins

If you receive Healthy Start vouchers, vitamins can be collected from Horsenden Children Centre, Monday – Friday 9.00am 4.00pm Please telephone in advance to arrange a collection time and check availability.
020 8422 3854

Places are limited and spaces for each session become available 1 week before the session starts. If you have booked a place and for any reason you are unable to attend the session, please could you cancel so a place becomes available for other families.

Polite reminder 2 session per week only.

Our sessions are now.

on-line bookings, please use the QR code to book.

<https://book.ms/b/northgreenfordperivalechildrenscentres@ealing.gov.uk>



To view the Children's Centre Timetable please visit Ealing new online services directory:
<http://www.ealingfamiliesdirectory.org.uk> Or use QR



Monday

CLCH Health Development Checks
9:00am–12.30pm

Please contact the Admin Hub on 020 8102 5888 if you have any concerns or to book an appointment or email: CLCH.ealingadminhub@nhs.net

CLCH 6–8-week checks
 1.00-3.00pm
Appointments only

Music & Movements
 10am-10.45am
 0 to Pre walkers
 11.00 -11.45am confident walkers to 5 years.
Online booking

[Book now](#)

Introducing your baby to Solid food?

Come along to the group for free advice and information on what appropriate family food to offer to your child.

Every 3rd Monday of each Month
20th April 2026

No need to book –attend a session for Advice & Support

12.00 to 13:00pm @ Perivale Children Centre

Tuesday



Little Explorers

Age: 12mths to 24mths
10am- 11.15am
Online booking

[Book now](#)



Stay & Play
0-5 years
1pm -2.30 pm
Online booking

[Book now](#)

Northwick Park Hospital Post & Antenatal Midwives Clinic
9am to 4pm
appointments only

Wednesday



Stay & Play
0-5 Years
10am -11.30am
Online booking

[Book now](#)

Fun & Learn/Talk & Play

For further information and to enquire about booking a space, please call **Perivale** 0208825380 **Horsenden** 02084223854 **Term Time only**

School Readiness please call the Centre for more information. 0204223854

Northwick Park Hospital Post & Antenatal Midwives Clinic
9am to 4pm
appointments only

Thursday

CLCH Health Development Checks
9:00am–4.00pm
Appointments only

Please contact the Admin Hub on 020 8102 5888 if you have any concerns or to book an appointment or email: CLCHT.ealingadminhub@nhs.net

Infant Massage



Newborn to 7 months
 Please call the Centre to book a place on 02084223854

Term Time only

Friday



Bumps to Babies including Infant Feeding support. **0–12mths or Pre-Walkers**
10am-11.15am
Online booking

[Book now](#)

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Northwick Park Hospital Post & Antenatal Midwives Clinic
9am to 4pm
appointments only

Our activities

Did you Know?
You can now self-check to see
if you are eligible for 15 hrs
per week free childcare for
your two year old

Go to:
www.ealingfamiliesdirectory.org.uk

and click on Two-year old
FREE Childcare Eligibility
Checker

Website:
www.ealingfamiliesdirectory.org.uk

Timetables can also be
downloaded in colour from
the website

Fun & Learn

Fun & learn is planned play session for parents/carers and their children under 5 who have attention and social interaction difficulties (i.e. Eye contact, playing with peers, understanding what is happening around them, focusing on activities). Suitable for children with Speech & Language concerns & children with Down syndrome.

Sessions run for 5 x weeks.
Please attend all 5 sessions

Talk & Play

Talk & Play is a play-based group for children aged 1-3years run by Early Years Practitioners in Ealing, supported by Speech & Language Therapists. It provides families with strategies to support their child's talking and communication.

Your child does not need a referral to the Speech & Language Therapy Service to attend this group.

. Sessions run for 5 x weeks.
Please attend all 5 sessions

NHS Development Clinic

Appointment only.
Development checks that
include height and weight.
Advice on feeding,
weaning and general
health. Please call
020 8102 5888

Infant Feeding Support

Do you find breast feeding
difficult and have nobody
to talk to? Call Centre to
make an appointment for
support & guidance.
Please call.
020 8102 5888

Book start Packs

Please contact the Children's Centre if you would like to receive a book start pack. We currently have 2 books for under 5's as well as an activity pack and one book for over 5's.

Nursery & School Readiness

Topics include:
Preparing for nursery or school
Speech, language, and communication
Health, wellbeing, and development
Toileting, sleep, and routines
Immunisations
Emotional wellbeing and support for families

Introducing your baby to Solid food?

Come along to the group for free advice and information on what appropriate family food to offer to your child.

Every 3rd Monday of
each Month
See front of timetable
for dates,

No need to book –attend
a session for Advice &
Support

12.00 to 13:00pm @
Perivale Children Centre

Stay and Play Sessions

Activities for parents and children to enjoy together, including painting, home corner, small world, construction, and mark making.

Attending these sessions helps to prepare your children for nursery and school. Children learn about turn taking and sharing whilst building their confidence as well as learning new skills

Infant Massage

Do you have a baby aged 0-7months or do you know someone who has?

This session can help your baby with several issues such as Colic, Restlessness, Sleeplessness, and more as well as benefiting parents who give Infant massage by being able to understand your baby better.

Please call Horsenden Children Centre on
02084223854 to book place.

Bumps to Babies

For expectant parents and babies 0-12 months. For parents to meet each other in a relaxed and supportive environment. We can offer support and advice with any questions or concerns about your baby.

NHS Breastfeeding team are the group for advice & Support

