



Grange Children's Centre

Timetable

Church Place, W5 4HN grangecc@ealing.gov.uk 020 8825 5453

We are one of six centres in the Central Ealing Locality and we offer services for families with children aged from 0-5 as well expectant mums and dads. Our services include antenatal and postnatal clinics and a range of groups and interactive sessions designed to meet your needs. Join us for Stay and Play where you can play alongside your child!

Please note the Centre will be closed Good Friday 3rd April and Easter Monday 6th April. 23rd April there will be no sessions due to staff training.

World Autism Acceptance Month – Celebrating Differences
Autism Awareness Day 2nd April
Easter Sunday 5th April
Vaisakhi 14th April
Earth Day 22nd April
St Georges Day 23rd April



Ealing Families Directory
www.ealingfamiliesdirectory.org.uk

Grange Children's Centre is open 9am - 4pm for drop in, information and registration.

Scan to open online timetable

Healthy Start Vitamins Available

If you are pregnant or have children under the age of 4, you could get help to buy food and milk and get your free Healthy Start vitamins. Apply online and find out if you are eligible for a Healthy Start prepaid card

www.healthystart.nhs.uk



Monday

Queen Charlotte's Antenatal Clinic
9:00 – 16:00

Ealing Perinatal Clinic
9:00 – 16:00

Referrals only. NHS health professionals will be providing support to mums and expecting mums who are experiencing low moods.

Sensory and Creative Play 6 – 14mths

11:00 – 12:00

Fun and messy group to support children's sensory development using food and non-food items. Appropriate clothing is essential.

[Book now](#)

Sensory and Creative Play 18mths – 4yrs

13:30 – 14:30

Fun and messy group to support children's sensory development using food and non-food items. Appropriate clothing is essential.

[Book now](#)

Tuesday

Queen Charlotte's Postnatal Clinic
9:00 – 16:00



Tiny Sports Stars

10:30 – 11:15

For 20 months – 2.5 years (confident walkers)

11:30 – 12:15

For 2.5 years and older
Fun energetic football games with different size and ball textures.

[Book now](#)

CLCH Development Checks
9:15 – 15:00

Appointments only.
To book call 0208 1025 888



Wednesday

Bumps to Babies

10:30 – 11:30

Stay and play for babies.
0 – 14 months

[Book now](#)

Play and Support session for children with additional needs and disabilities 0 – 5 years

12:45-14:15

term time only

To book and for more information call
020 8571 9954



Queen Charlotte's Antenatal Clinic

9:00 – 16:00

CLCH Infant Feeding Group

13:30 – 15:00

Come in and find out how to feed your baby comfortably and gain support from other mums.

Thursday

Stay and Play Curious Minds

10:00 – 11:30

14 months – 5 years

[Book now](#)

CLCH Development Checks

9:15 – 15:30

Appointments only: To book call 0208 1025 888

CLCH 6-8 Week Baby Clinic

9:30 – 13:30

Appointments only: To book call 0208 1025 888

Queen Charlotte's Postnatal Clinic

9:00 – 16:00

Talk and Play

13:00 – 14:00

18 months – 4 years.
A play-based group run by Early Years Practitioners to support children's language and communication development. Bookings only.

Friday



Stay and Play
10:00 – 11:30

10th, 24th April 2026

0- 5 years

[Book now](#)

Queen Charlotte's Antenatal Clinic

9:00 – 16:00

Appointments only



Ealing Perinatal Infant massage

13:00-14:30

Scan to book a session





Stay and Play Curious Minds

Thursdays at 10:00 - 11:30
14 months - 5 years

Session where children can explore, play, and learn through hands-on activities. It's a great opportunity for little ones to develop new skills while parents and carers connect in a friendly environment. There are a diverse range of activities, including art materials, puzzles, educational games, sensory activities, role-play, and physical toys, all designed to help children learn and grow through play.

[Book now](#)



Bumps to Babies

Wednesdays at 10:30 - 11:30
0 - 14 months

A welcoming and supportive space for parents, expectant parents to connect and share their journey with babies aged 0-14 months. At the session you will enjoy a relaxed environment where friendships can blossom and questions about your baby's development can be answered by friendly and qualified practitioners.

[Book now](#)



Tiny Sports Stars

Tuesdays with two different groups

Fun and active session designed to help young children develop movement, coordination, and teamwork skills through playful sports activities. A great way for little ones to stay active, build confidence, and enjoy being part of a group!

[Book now](#)



Talk and Play

Thursdays at 13:00 - 14:00
18 months - 4 years

Play-based group run by Early Years Practitioners in Ealing, supported by Speech & Language Therapists. It provides families with strategies to support their child's talking and communication. Bookings only.

To book a session visit the link
book.ms/b/ealingchildrenscentres@ealing.gov.uk
Places are limited and spaces for each session become available 1 week before the session starts

Childcare funding

Check to see if you are eligible for any help towards the cost of your childcare

www.childcarechoices.gov.uk

