Did you know?

- There are 15 separate bus routes that pass through Ealing Broadway. They serve the borough and also link to surrounding boroughs including sight into the centre of London.
- You can save £1 for single bus trips around London if you use an Oyster card.
- Road transport contributes to 22% of London's CO2 emissions; cars are responsible for half of these. (Source: London.gov.uk)
- 30% of journeys in London are entirely on foot, however the car loads with 62%. (Source: TfL 2008)

It is said that a brisk walk for at least 20 minutes a day, 5 days a week can result in weight loss of 14 pounds a year.