



Following the recent events in Afghanistan and growing uncertainty, we recognise that there will be considerable change for the Afghan people, with considerable impact on the communities in Ealing.

The Afghan Families Project has provided emotional and practical family centred support over the past two and a half years, and remains available in Ealing. Families do not need to face challenges alone, we are here to listen and help.

**Support is available in Pashto, Dari/Farsi, Urdu, Hindi and Punjabi languages as well as English.**

Our project aims to identify and help bridge the cultural gaps between the Afghan community and local service providers. We support Afghan Families by developing a trust and understanding, enabling them to understand how local services work, encourage their children to thrive and to set up their own support networks. We will help empower families to make changes in their life, which will be long term and positive.

**For more information please contact Navida on 07587 373436 or email [NavidaS@familylives.org.uk](mailto:NavidaS@familylives.org.uk)**



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[www.familylives.org.uk](http://www.familylives.org.uk)

**We build better family lives together**

