



**KEEP
EALING
SAFE**

NHS

Test and Trace



Ealing

www.ealing.gov.uk

GOING OUT FOR AN ESSENTIAL TRIP? GET A FREE TEST

Thank you for everything you have been doing to Keep Ealing Safe over the past year. Before we move out of lockdown, we must drive down the high COVID-19 rates in our borough. We want to keep you safe. Please continue to follow lockdown rules, stay home, limit the times you go out and avoid contact with other people as much as possible.

A small number of people in our borough have been found to have the South African variant. There is no evidence it makes people sicker or that vaccines won't protect against it.

Over the next month, all people over 16 who leave their homes for permitted reasons should get a FREE COVID-19 test, even if they don't have symptoms. People who are clinically extremely vulnerable and shielding should not leave home to get a test.

We have put in place extra testing centres across the borough (see over) and will also have a roving testing unit out and about.

We know that people from black and Asian backgrounds have been worst hit, with more serious illness and death. Therefore we are particularly keen to increase testing in these communities.

If you are offered a vaccine, please make sure you get it.

GET A TEST AT ONE OF THESE TESTING SITES

HOW TO GET A TEST

There are two types of testing sites – one for people with symptoms and one for people who show no symptoms.



Do you have COVID symptoms?

Book a test at a local testing centre and self-isolate along with your household

-  Featherstone Terrace Car Park Southall UB2 5AL
-  Michael Flanders Centre Acton W3 8PP
-  Gurnell Leisure Centre Car Park Ealing W13 0AL
-  Dormers Wells Leisure Centre Car Park Southall UB1 3JB
-  Northolt Leisure Centre Car Park Northolt UB5 4AB

 119

 www.nhs.uk/coronavirus

If you do NOT have symptoms

Get a free walk up test, you do not need an appointment

-  Everyone Active Acton Centre Acton W3 6NE
-  Ealing Central Library Ealing W5 5JY
-  Perceval House Ealing W5 2HL
-  Greenford Library Greenford UB6 9LG
-  Northolt Library Northolt UB5 5AS
-  Southall Manor House Southall UB2 4BJ

 www.ealing.gov.uk/CovidTest

 Dates and times vary  Dates and times vary  Check the website for roving and mobile testing sites

HOW TO STAY SAFE

Thank you to everyone for following lockdown rules and keeping Ealing safe. If we are to move out of lockdown and stay out of it, we must continue to follow lockdown rules and stay at home as much as possible.

Leaving home

Try and limit the number of times you leave home. Only do so for essential reasons. Keep your distance from others, wear a face covering and wash your hands regularly.



HANDS



FACE



SPACE

Remember

You aren't stuck at home. You are safe at home.

Going out for an essential trip?

People over 16 who are going out should get a free COVID-19 test, even if they don't have symptoms.

HELP AND SUPPORT

SELF-ISOLATION PAYMENTS

A self-isolation support payment of £500 is available to help people on low incomes self-isolate, and to encourage more people to get tested.



If you have been told by the NHS to self-isolate, either because you have tested positive for coronavirus (COVID-19) or you have been in contact with someone who has tested positive, and you meet the criteria, you may be entitled to £500 to support you through your self-isolation period.



www.ealing.gov.uk/selfisolationpayments

EALING TOGETHER

If you need help while you are self-isolating with everyday tasks, like collecting shopping or medicines, contact Ealing Together.



Call the Ealing Together helpline
on 020 8825 7170





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GET TESTED TO KEEP EALING SAFE

**Find out important information on
getting tested in your language**

Ealing کو محفوظ رکھنے کے لیے جانچ کرائیں۔ جانچ کرانے سے متعلق
اہم معلومات اپنی زبان میں حاصل کریں

اخضع للاختبار لتحافظ على سلامة Ealing. تعرف على المزيد من
المعلومات بشأن كيفية الخضوع للاختبار بلغتك

Ealing-ஐ பாதுகாப்பாக வைக்க பரிசோதனையை செய்துகொள்ளுங்கள். பரிசோதனை
செய்துகொள்வதைப் பற்றிய முக்கியத் தகவலை உங்கள் மொழியில் கண்டறியுங்கள்

Ealing-ને સવામત રાખવા માટે પરીક્ષણ કરાવો. પરીક્ષણ કરાવવા વિશે
અગત્યની માહિતી તમારી ભાષામાં જાણો

Is baadh si aad u ilaaliso amaanka Ealing. Waxa aad ku heshaa
macluumaadka muhiimka ah ee sida la isku baadhayo luuqadaada.

برای ایمن نکه داشتن ایلینگ، تست دهید. اطلاعات مهم درباره تست دادن
را به زبان خود دریافت کنید

Umów test, aby zapewnić bezpieczeństwo mieszkańcom gminy Ealing. Znajdź ważne
informacje na temat uzyskania pomocy tłumacza swojego języka ojczystego podczas testu.

Faites-vous tester pour protéger Ealing. Découvrez les informations
importantes sur les tests dans votre langue.

Ealing ຫຼື ສູນຄຸ້ມຄອງ ຮັບຮູ້ ຄຳສອນ ທີ່ເໝາະສຳລັບ. ທີ່ເໝາະສຳລັບ
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www.ealing.gov.uk/covidgittesting