1. Proposal Summary Information

<table>
<thead>
<tr>
<th>EAA Title</th>
<th>Improving Self-Care</th>
</tr>
</thead>
<tbody>
<tr>
<td>Please describe the proposal?</td>
<td>Proposed budget increase to provide services towards four key priorities focusing on different aspects of self-care; to be provided by either a single grant or several smaller grants.</td>
</tr>
</tbody>
</table>

1. What is the proposal looking to achieve? Who will be affected?

Self-Care is an approach to health which helps people to keep themselves well and gives them the knowledge to share in decisions about illness, from diagnosis to treatment and recovery. We propose to fund projects that promote self-care with people of all ages - children and families, young people, and older people; providing self-care activities and solutions to support both peoples' physical health and mental health needs.

We propose to support four key priorities to support people towards improving their self-care. The proposal is to increase the grant allocation from £60,000 from 2015/16 to 2018/19 to £100,000 from 2019/20 – 2022/23 subject to annual budget approval.

The specific proposal is that funding for 2019/20 – 2022/23 will be made available either as a single grant encompassing all four key priorities, or as a number of grants for individual organisations or consortia.

2. What will the impact of your proposals be?

This priority was previously offered as a single grant for borough wide services with an emphasis on people in greatest need. The proposal is to now provide services towards four distinct outcomes as detailed in the consultation document – to keep healthy people healthy; reduce obesity, increase physical activity and reduce harm from alcohol; support people with long term conditions; and delivery of key messages.

There will be a rolling programme of different self-care and health messages to be disseminated over the grant period, some generic for the community as a whole, and some for specific sections of the community either by geographical area, ethnicity, age, and/or health related issue.

The new service will be reaching out to the whole of the community, and in particular, groups who would not normally take up preventative and self-care health messages. People of all ages and backgrounds will benefit. The flexibility of the service will allow for information on initiatives and services, and health messages to be disseminated quickly across the borough; and also for targeted messaging to different communities or by health issue e.g. promoting breast cancer screening to BME women towards increasing take-up from this group, thereby improving access to information and consequently addressing health inequalities.

2. Impact on Groups having a Protected Characteristic

<table>
<thead>
<tr>
<th>AGE</th>
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<tbody>
<tr>
<td>Positive Impact</td>
</tr>
<tr>
<td>Describe the Impact</td>
</tr>
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In Ealing, it is estimated that there are over 66,000 adults with one or more long term condition and 12,000 of these people are over the age of 75. One of the four priorities focuses on improving support
Draft Equalities Analysis Assessment for consultation

for people with long term conditions. Overall the service will support people of all ages with delivery of activities to increase physical activity towards reducing obesity, and its health messages.

Alternatives and mitigating actions which have been considered in order to reduce negative effect:
No actions required

**DISABILITY**
Positive impact
Describe the Impact
One of the four priorities focuses on improving support for people with long term conditions.

Alternatives and mitigating actions which have been considered in order to reduce negative effect:
No actions required

**GENDER REASSIGNMENT**
Neutral impact
Describe the Impact
No data available so no impact can be identified.

Alternatives and mitigating actions which have been considered in order to reduce negative effect:
No actions required

**RACE**
Positive impact
Describe the Impact
The service will target messaging to different communities or by health issue e.g. promoting breast cancer screening to BME women towards increasing take-up from this group, thereby improving access to information and consequently addressing health inequalities.

Alternatives and mitigating actions which have been considered in order to reduce negative effect:
No actions required

**RELIGION & BELIEF**
Neutral impact
Describe the Impact
No data available so no impact can be identified.

Alternatives and mitigating actions which have been considered in order to reduce negative effect:
No action required

**SEX**

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### Neutral Impact

#### Describe the Impact
No data available so no impact can be identified

#### Alternatives and mitigating actions which have been considered in order to reduce negative effect:
No actions required

### SEXUAL ORIENTATION

#### Neutral Impact

#### Describe the Impact
No data available so no impact can be identified

#### Alternatives and mitigating actions which have been considered in order to reduce negative effect:
No actions required

### PREGNANCY & MATERNITY

#### Neutral Impact

#### Describe the Impact
No data available so no impact can be identified

#### Alternatives and mitigating actions which have been considered in order to reduce negative effect:
No actions required

### MARRIAGE & CIVIL PARTNERSHIP

#### Neutral Impact

#### Describe the Impact
No data available so no impact can be identified

#### Alternatives and mitigating actions which have been considered in order to reduce negative effect:
No actions required

### 3. Impact on other key areas

#### CARERS

#### Positive impact

#### Describe the Impact
Self-care activities and information will be available for everyone. This will have a positive impact on carers as the people they are caring for will have access to activities and information to keep them well. Also carers themselves will benefit from specific health messages and information; and by taking part in activities in the community.

#### Alternatives and mitigating actions which have been considered in order to reduce negative
HEALTH
Positive impact
Describe the Impact
A wide range of self-care activities and accessible information and advice on self-care and promotion of regular health messages will enable people to stay physically well and support peoples’ mental health needs.

Alternatives and mitigating actions which have been considered in order to reduce negative effect:
N/A

4. Human Rights
4a. Does your proposal impact on Human Rights as defined by the Human Rights Act 1998?
Yes ☐ No ✓

4b. Does your proposal impact on the rights of children as defined by the UN Convention on the Rights of the Child?
Yes ☐ No ✓

4c. Does your proposal impact on the rights of persons with disabilities as defined by the UN Convention on the Rights of persons with disabilities?
Yes ☐ No ✓

5. Conclusion
It is proposed that the funding for services around self-care will increase for the 2019-23 programme which will provide an improved service for all relevant protected characteristics.

5a. What evidence, data sources and intelligence did you use to assess the potential impact/effect of your proposal? Please note the systems/processes you used to collect the data that has helped inform your proposal. Please list the file paths and/or relevant web links to the information you have described.

The Equality Needs Assessment and the Ealing Joint Strategic Needs Assessment have also provided data to support the proposals to improve self-care.
## 5. Action Planning

<table>
<thead>
<tr>
<th>Action</th>
<th>Outcomes</th>
<th>Success Measures</th>
<th>Timescales/ Milestones</th>
<th>Lead Officer (Contact Details)</th>
</tr>
</thead>
<tbody>
<tr>
<td>This draft EAA will be further refined with regard to adverse impacts and any further mitigating measures taking into account the consultation responses</td>
<td>More accurate assessment of impact.</td>
<td>Any further measures to reduce the adverse impact</td>
<td>May 2018</td>
<td></td>
</tr>
<tr>
<td>Produce detailed criteria/specifications for the funding priority</td>
<td>Revised criteria/specification</td>
<td>Grant criteria / specifications</td>
<td>May 2018</td>
<td></td>
</tr>
<tr>
<td>The final EAA will be submitted to Cabinet for consideration at its meeting in June 2018 before final decisions are made</td>
<td>Review by Cabinet on the adverse impact and mitigation measures.</td>
<td>Any further measures to reduce the adverse impact Cabinet approval of the funding criteria/specifications</td>
<td>June 2018</td>
<td></td>
</tr>
<tr>
<td>Assessment of applications which will take account of the extent to which applicants can advance equality of opportunity, promote community cohesion and participation in public life</td>
<td>More accurate assessment of impact</td>
<td>Any further measures to reduce the adverse impact</td>
<td>November 2018</td>
<td></td>
</tr>
</tbody>
</table>

**Additional Comments:**

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