

## Garments Construction Techniques

### Aim

To develop skills to construct a garment and demonstrate the use of construction methods.

### Course Outline

Subjects covered include:

- Prepare a pattern and fabric for specific purpose
- State reasons for pattern and fabric type
- Create pattern lay, following all pattern markings and making economical use of fabric.
- Cut, mark and construct an article under supervision
- Identify and provide all required sewing motions
- Use temporary and permanent stitching as required while using correct stitch type, length and thread
- Use permanent seam type and finish as appropriate to article and weight of fabric
- Hand and machine stitch using correct thread and stitch size
- Basic methods and manipulation of distribution of fullness e.g. gathers, darts, simple pleats
- Understand basic methods of providing strength, stability and support to articles
- Identify and state the purpose of woven and non-woven interfacing  
Identify and state the purpose of different weights of interfacing
- Select and use one type of interfacing for a specific purpose
- Be familiar with and demonstrate hem and edge finishing
- Identify and state the use of basic plain hem finishes

- Identify and state the use of basic edge finishes
- Be familiar with and incorporate fastenings  
Identify a range of common fastenings to include zips, buttons and buttonholes, hooks and eyes/bars, poppers
- Use at least two fastenings one of which must be a plain zip, ensuring that fastening is secure, flat and neat
- Fasten all thread ends securely and neatly
- Press article to enhance presentation, ensuring correct temperature and use of steam for fabric type.

### Suitability

The course is not suitable for complete beginners.

### Entry Requirements

Learners should have a good level of spoken and written English. An assessment may be required.

### Learning Outcomes

The learning outcomes for this course will be negotiated with your tutor in the first class.

### Teaching Method

You will learn through a variety of teaching methods which include: demonstration, Individual 121 and practical 'hands on' experience in a classroom based environment.

### Accreditations/Qualifications

This course is non-accredited

### Progression Route

Learners may wish to progress on Developing Garment Construction Skills Course.

### Please Note

This course is no longer accredited.

# Ealing Adult Learning – Course Outline

## Materials

Learner to provide own materials: list will be provided at time of enrolment (or discussed on the first lesson if not available at time of enrolment).

**NOTE: For additional course details**

**Time, dates and venues can be subject to change**

**Please contact the Adult Learning Team [adultlearning@ealing.gov.uk](mailto:adultlearning@ealing.gov.uk)**

*This information should be treated as a rough guide only and details are subject to change.  
Please note that courses can be adapted according to the learner's needs.*

## Enrolment and Information Service:

**Visit:** [www.ealing.gov.uk/adultlearning](http://www.ealing.gov.uk/adultlearning)  
**Email:** [adultlearning@ealing.gov.uk](mailto:adultlearning@ealing.gov.uk)  
**Tel:** 020 8825 5577

**By Appointment:** Ealing Council, Customer Service area,  
Room 56, Perceval House,  
14-16 Uxbridge Road, Ealing W5 2HL  
9.30am - 4.30pm, Mon, Tues and Wed